

SEVENTH SUNDAY AFTER PENTECOST



July 7, 2024

ST. PAUL EVANGELICAL LUTHERAN CHURCH

WELCOME to ST. PAUL EVANGELICAL LUTHERAN CHURCH

SUNDAY SERVICES

9:30am | Service with Holy Communion
in the Nave and Online

10:30am | Coffee Hour

LIVESTREAMING

Worship is streamed on the St. Paul Lutheran Arlington Facebook page. A Facebook account is not necessary to stream, however, without a Facebook account the stream works on a computer browser only and not on a phone.

WEEKLY UPDATE NEWSLETTER

Sign up for Weekly Update newsletter by going to our website at www.stpaularlington.org and clicking on SUBSCRIBE.

SERVING THE COMMUNITY TODAY ARE:

Taryn Walsh and Jennifer Parker, *Altar Guild*

Peter Schmidt, *Cantor*

Mark Olson, *Lector*

Taryn Walsh, *Deacon*

Dan Ries, *Usher*

Matt Carter, *Livestream Broadcast*

Peter and Hollie Schmidt, *Coffee Guild*

*When the instruction for standing * appears, please stand as you are able and as seems comfortable.*

At the ☒, you may make the sign of the cross, which reminds us of our baptism.

*The congregational responses are printed in **bold**.*

GATHERING

PRELUDE

French Suite No. 2 in C minor BWV 813: Sarabande

J. S. Bach (1685-1750)

WELCOME

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ☩ one God,
who forgives all our sin,
whose mercy endures forever.

Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen.

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name.

Amen.

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of ☩ Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith.

Amen.

* GATHERING HYMN

"Listen God is Calling"

ELW 513

Refrain
Leader All

Ne - no, ne - no la - ke Mu - ngu la - ku - i - ta we - we,
Lis - ten, lis - ten, God is call - ing, through the Word in - vit - ing,

ne - no la wo - ko - vu, te - na je - ma. ma.
of - fer - ing for - give - ness, com - fort, and joy. joy.

Leader All

Ye - su a - li - se - ma, Mka - hu - bi - ri.
1 Je - sus gave his man - date: share the good news
2 Let none be for - got - ten through - out the world.
3 Help us to be faith - ful, stand - ing stead - fast,

Leader All *Refrain*

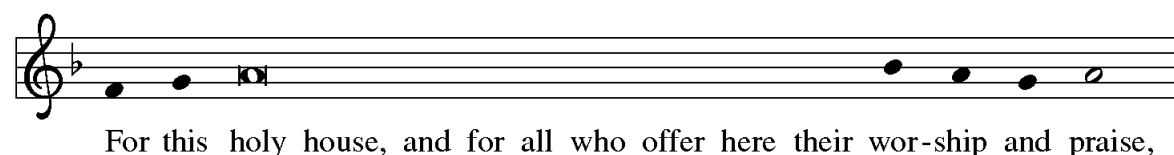
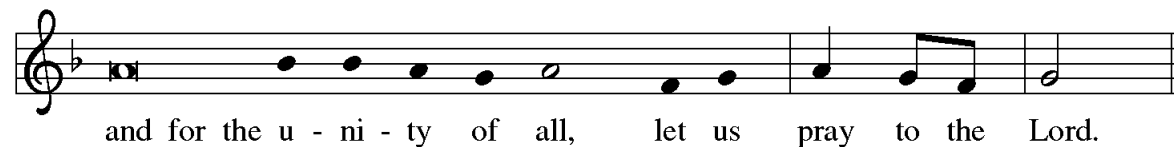
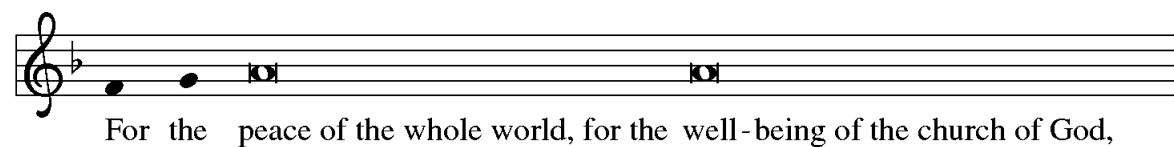
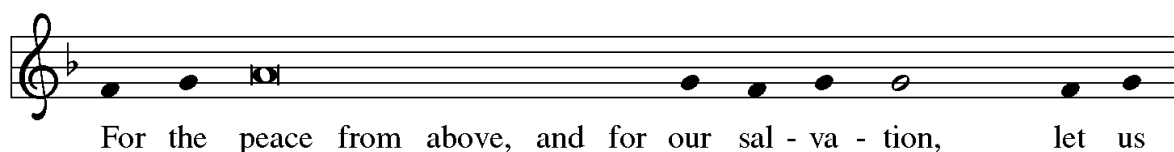
Ne - no la - ke Mu - ngu la wo - ko - vu.
that he came to save us and set us free.
In the tri - une name of God go and bap - tize.
walk - ing in your pre - cepts, led by your Word.

Text: Tanzanian traditional; tr. Howard S. Olson, b. 1922
Music: NENO LAKE MUNGU, Tanzanian tune; arr. Austin C. Lovelace, b. 1919

***GREETING**

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

***KYRIE**





Help, save, comfort, and de - fend us, gra - cious Lord.



A - men.

HYMN OF PRAISE



This is the feast of vic - to - ry for our God. Al - le -



lu - ia, al - le - lu - ia, al - le - lu - ia.



1 Wor - thy is Christ, the Lamb who was slain, whose blood set us



free to be peo - ple of God. Pow - er, rich - es, wis - dom, and



strength, and hon - or, bless - ing, and glo - ry are his.



This is the feast of vic - to - ry for our God. Al - le -



lu - ia, al - le - lu - ia, al - le - lu - ia.



2 Sing with all the peo - ple of God, and join in the

hymn of all cre - a - tion: Bless - ing, hon - or, glo - ry, and

might be to God and the Lamb for - ev - er. A - men.

Final refrain

This is the feast of vic - to - ry for our God,

for the Lamb who was slain has be - gun his reign.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

* PRAYER OF THE DAY

God of the covenant, in our baptism you call us to proclaim the coming of your kingdom. Give us the courage you gave the apostles, that we may faithfully witness to your love and peace in every circumstance of life, in the name of Jesus Christ, our Savior and Lord.

Amen.

WORD

FIRST READING

Ezekiel 2:1–5

In 597 BCE, the priest Ezekiel was removed into exile in Babylon. While there, he received a vision of God appearing majestically on a chariot throne. Today's reading recounts God's commissioning of Ezekiel during this vision. The prophet is to speak God's word to a people unwilling to hear.

A voice said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord God." Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

The Word of the Lord.

Thanks be to God.



To you I lift ¹ up my eyes,

to you enthroned ¹ in the heavens.

As the eyes of servants look to the hand of their masters, and the eyes of a maid to the hand ¹ of her mistress,

so our eyes look to you, O Lord our God, until you show ¹ us your mercy.

Have mercy upon us, O ¹ Lord, have mercy,

for we have had more than enough ¹ of contempt.

Our soul has had more ¹ than its fill

of the scorn of those who are at ease, of the contempt ¹ of the proud.

SECOND READING

2 Corinthians 12:2–10

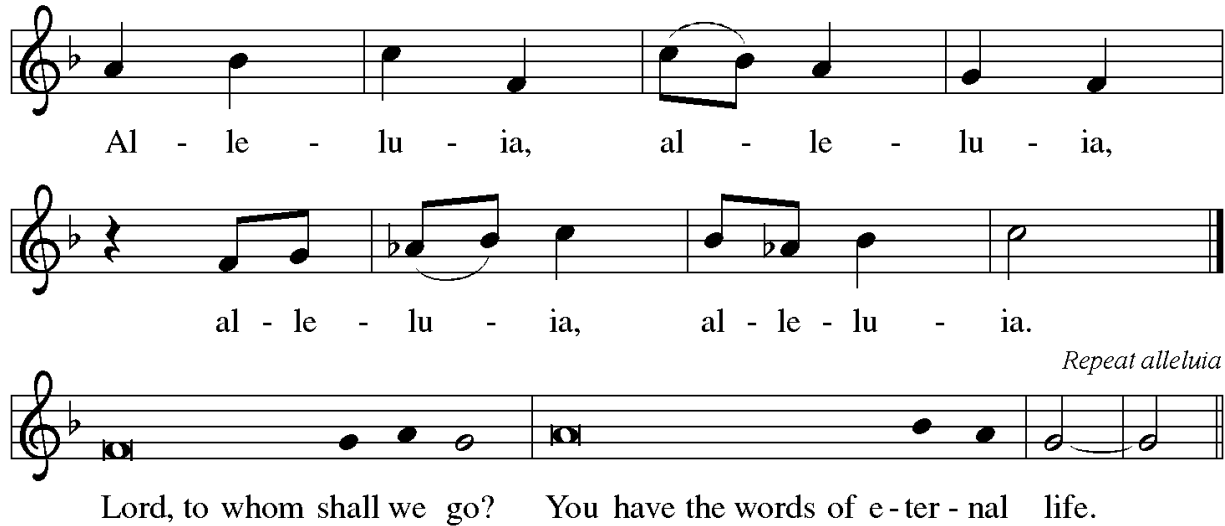
Christians do not boast of their own accomplishments. Rather, Christian boasting focuses attention on how the power of Christ is present in our lives, especially in times of weakness and vulnerability. No matter what our circumstances in life, Christ's grace is sufficient for us.

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows—was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

The word of the Lord.

Thanks be to God.

* GOSPEL ACCLAMATION



Al - le - lu - ia, al - le - lu - ia,

al - le - lu - ia, al - le - lu - ia. *Repeat alleluia*

Lord, to whom shall we go? You have the words of e - ter - nal life.

* GOSPEL

Mark 6:1-13

The holy gospel according to Mark.

Glory to you, O Lord.

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

The gospel of the Lord.

Praise to you, O Christ.

CHILDREN'S TIME

Vicar Katie Linthicum

SERMON

Vicar Katie Linthicum

* HYMN OF THE DAY

"Open Your Ears, O Faithful People"

ELW 519



- 1 O - pen your ears, O faith-ful peo - ple, o - pen your ears and hear God's word.
- 2 They who have ears to hear the mes - sage, they who have ears, now let them hear;



O - pen your hearts, O roy - al priest-hood, God has come to you.
they who would learn the way of wis - dom, let them hear God's word.



To - rah o - ra, To - rah o - ra, hal - le - lu - jah!
God has spo - ken to the peo - ple, hal - le - lu - jah!



To - rah o - ra, To - rah o - ra, hal - le - lu - jah!
God has spo - ken words of wis - dom, hal - le - lu - jah!



To - rah o - ra, To - rah o - ra, hal - le - lu - jah!
God has spo - ken to the peo - ple, hal - le - lu - jah!



To - rah o - ra, To - rah o - ra, hal - le - lu - jah!
God has spo - ken words of wis - dom, hal - le - lu - jah!

Text: Hasidic traditional; Willard F. Jabusch, b. 1930, English version
Music: YISRAEL V'ORAITA, Hasidic tune

APOSTLE'S CREED

In response to the gospel, let us confess the faith of the church:

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

* PRAYERS OF INTERCESSION

The leader will read the first and last prayer, those in the congregation are invited to read aloud the other prayers as they feel called.

One in the communion of saints and in the power of the Holy Spirit, we join our voices in prayer.

A brief silence.

Glorious God, you bend down to wash the feet of your disciples. Let the servant church arise in our teaching, our praying, our healing, and our doing. Make all your faithful people powerful in weakness and strong in grace. In your mercy, **hear our prayer.**

Life-giving God, your goodness abounds. Multiply the fruits of the earth and rescue it from our wastefulness. In your mercy, **hear our prayer.**

Merciful God, you speak and the nations listen. Open those who govern to the cries of all who journey with no food or shelter, particularly people fleeing violence, those seeking freedom, and those in search of community. In your mercy, **hear our prayer.**

Gracious God, your embrace brings wholeness to those who are troubled. Anoint Dan, Lynn, Meredith, Owen, Susan and all who suffer in any way with the oil of healing and grant them renewal. In your mercy, **hear our prayer.**

Welcoming God, in your presence strangers become companions and enemies become neighbors. Open our doors to those we have so easily shut out, particularly people who are different from us or who are marginalized by church or society. In your mercy, **hear our prayer.**

Here other intercessions may be offered.

Eternal God, you gather us into your house of many dwelling places. We give you thanks for our faithful departed especially Benedict of Nursia and Nathan Söderblom. Inspire us by their lives of faith until, with them, we rest forever at our journey's end. In your mercy, **hear our prayer.**

Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord.

Amen.

* PEACE

Keep your hands close together or make the peace sign if you'd rather not pass the peace with touch.

The peace of Christ be with you always.

And also with you.

MEAL

* OFFERING PRAYER

Blessed are you, O God, maker of all things. Through your goodness you have blessed us with these gifts: our selves, our time, and our possessions. Use us, and what we have gathered, in feeding the world with your love, through the one who gave himself for us, Jesus Christ, our Savior and Lord.

Amen.

OFFERING

You may give an offering through the Givelify app by scanning this QR code:



* GREAT THANKSGIVING

The Lord be with you.

And also with you.

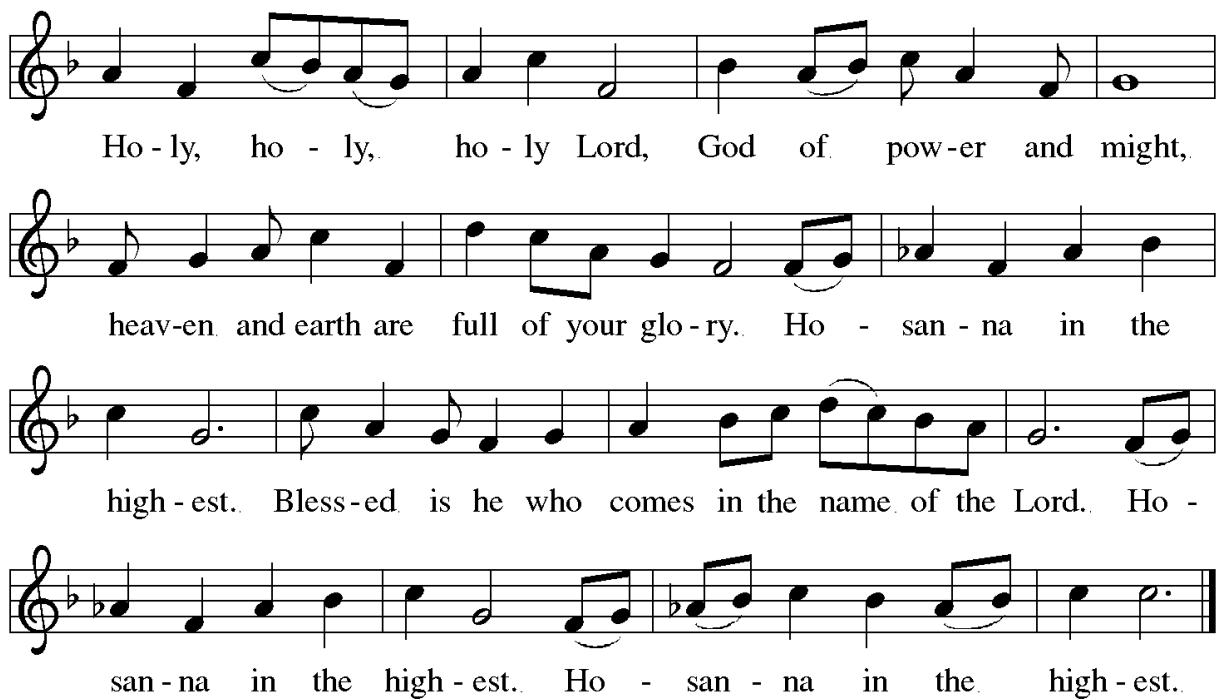
Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God,
through our Savior Jesus Christ;
who on this day overcame death and the grave,
and by his glorious resurrection opened to us the way of everlasting life.
And so, with all the choirs of angels,
with the church on earth and the hosts of heaven,
we praise your name and join their unending hymn:



In the night in which he was betrayed,
 our Lord Jesus took bread, and gave thanks;
 broke it, and gave it to his disciples, saying:
 Take and eat; this is my body, given for you.
 Do this for the remembrance of me.
 Again, after supper, he took the cup, gave thanks,
 and gave it for all to drink, saying:
 This cup is the new covenant in my blood,
 shed for you and for all people for the forgiveness of sin.
 Do this for the remembrance of me.

*** LORD'S PRAYER**

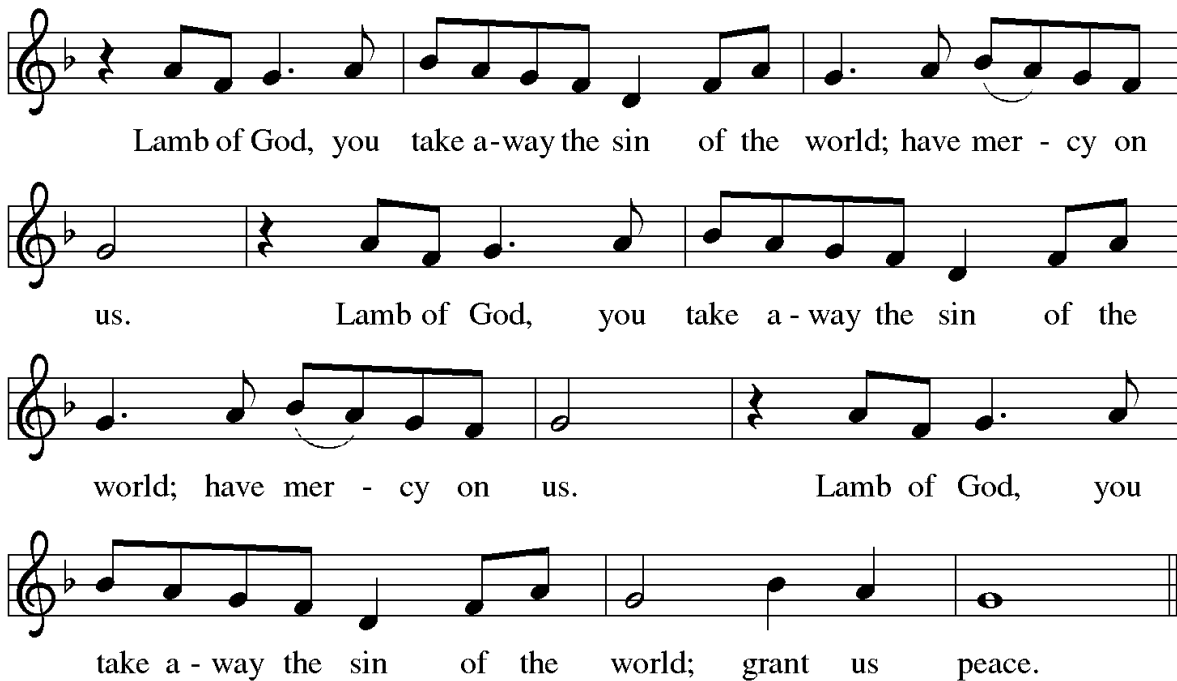
**Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread;
 and forgive us our trespasses,**

**as we forgive those
 who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 forever and ever. Amen.**

COMMUNION

All are welcome to receive the bread and the wine. Gluten free wafers are available on request. Both wine and grape juice are available in each tray; the wine is red and the grape juice is white.

Come forward in the center aisle starting at the front of the church. The pastors will motion the first people forward.



The musical score is written on four staves in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below each staff. The lyrics are: "Lamb of God, you take a-way the sin of the world; have mer - cy on us. Lamb of God, you take a - way the sin of the world; have mer - cy on us. Lamb of God, you take a - way the sin of the world; grant us peace." The score ends with a double bar line.

Lamb of God, you take a-way the sin of the world; have mer - cy on

us. Lamb of God, you take a - way the sin of the

world; have mer - cy on us. Lamb of God, you

take a - way the sin of the world; grant us peace.

COMMUNION HYMN

"Spirit of Gentleness"

ELW 396

Refrain




Spir - it, Spir - it of gen - tle - ness, blow through the wil - der - ness




call - ing and free; Spir - it, Spir - it of rest - less - ness,




stir me from plac - id - ness, wind, wind on the sea.



1 You moved on the wa - ters, you called to the deep,
 2 You swept through the des - ert, you stung with the sand,
 3 You sang in a sta - ble, you cried from a hill,
 4 You call from to - mor - row, you break an - cient schemes.




then you coaxed up the moun - tains from the val - leys of sleep;
 and you goad - ed your peo - ple with a law and a land;
 then you whis - pered in si - lence when the whole world was still;
 From the bond - age of sor - row all the cap - tives dream dreams;



and o - ver the e - ons you called to each thing:
 and when they were blind - ed with i - dols and lies,
 and down in the cit - y you called once a - gain,
 our wom - en see vi - sions, our men clear their eyes.

Refrain



"A - wake from your slum - bers and rise on your wings."
 then you spoke through your proph - ets to o - pen their eyes.
 when you blew through your peo - ple on the rush of the wind.
 With . . . bold new de - ci - sions your peo - ple a - rise.

Text: James K. Manley, b. 1940
 Music: SPIRIT, James K. Manley

* TABLE BLESSING

The body and blood of our Lord and Savior Jesus Christ strengthen you and keep you in his grace.

Amen.

* PRAYER AFTER COMMUNION

God of abundance, with this bread of life and cup of salvation you have united us with Christ, making us one with all your people. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Jesus Christ, our Lord.

Amen.

SENDING

* BLESSING

The Lord bless you and keep you.

The Lord's face shine on you with grace and mercy.

The Lord look upon you with favor and ☩ give you peace.

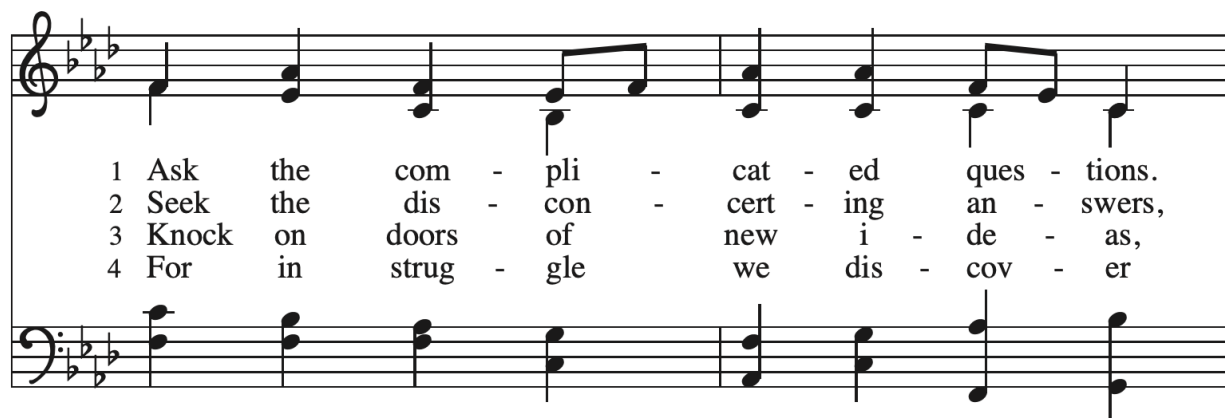
Amen.

ANNOUNCEMENTS

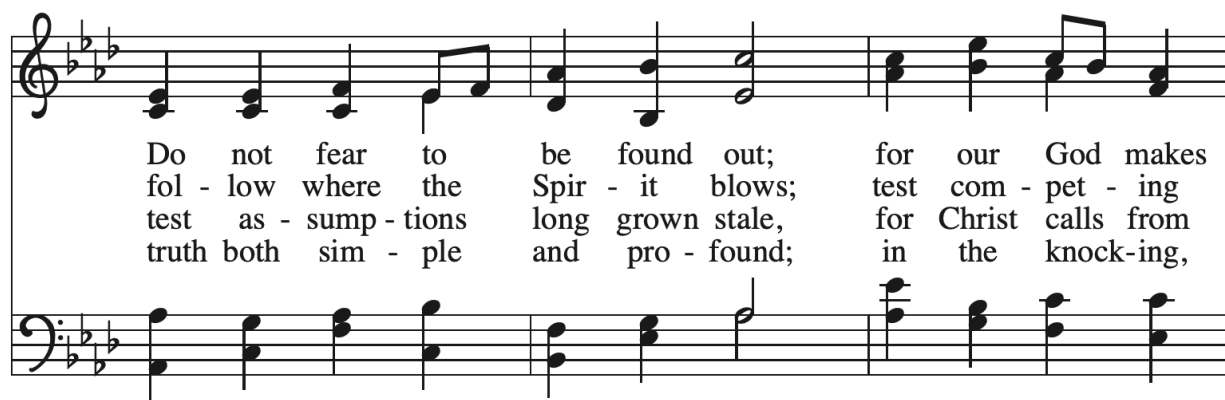
* SENDING HYMN

"Ask the Complicated Questions"

ELW 1005



1 Ask the com - pli - cat - ed ques - tions.
 2 Seek the dis - con - cert - ing an - swers,
 3 Knock on doors of new i - de - as,
 4 For in strug - gle we dis - cov - er



Do not fear to be found out; for our God makes
 fol - low where the Spir - it blows; test com - pet - ing
 test as - sump - tions long grown stale; for Christ calls from
 truth both sim - ple and pro - found; in the knock - ing,



strong our weak-ness, forg - ing faith in fires of doubt.
 truths for wis - dom, for in ten - sion new life grows.
 shores of won - der, dar - ing us to try and fail.
 ask - ing, seek - ing, we are o - pened, an - swered, found.

Text: David Bjorlin, b. 1984

Music: RESTORATION, W. Walker, *Southern Harmony*, 1835; arr. hymnal version

* DISMISSAL

Go in peace. Serve the Lord.

Thanks be to God.

POSTLUDE

French Suite No. 2 in C minor BWV 813: Air

J. S. Bach (1685-1750)

ANNOUNCEMENTS and
UPCOMING HAPPENINGS
at **SAINT PAUL**



CYF (CHILDREN, YOUTH AND FAMILIES) UPDATE

St. Paul Annual Weekend Retreat will be the weekend of August 23-25. This is an annual tradition to relax, reflect, and reconnect with each other in the beautiful environment of Camp Calumet on Lake Ossipee in New Hampshire. All are welcome to join us for this weekend!

ARLINGTON EATS NEEDS FOR JULY

For the month of July items that would help the most are:

- Cereal bars
- Fruit snacks
- Cereal
- Gluten Free items (snack mixes, pastas, etc.)
- Dish Soap



SAINT PAUL

EVANGELICAL LUTHERAN CHURCH
ARLINGTON, MASSACHUSETTS

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Arlington, Massachusetts 02476
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The Reverend Ross Goodman, *Pastor*
The Reverend Liz Senft, *Pastoral Associate*
Katie Linthicum, *Vicar*
Ana Zecic Jeffers, *Director of Music*
Paul Ricci, *Business Administrator*
Sarah Carter, *Children, Youth and
Families Director*
Jennifer White, *Parish Administrator*
Dennis O'Brien, *Church Property Manager*

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Elizabeth Heichler, *President*
Monique Airasian, *Vice-President*
Eric Haugen, *Treasurer*
Kerri Frick, *Secretary*
Norma Ofsthun, *Financial Secretary*
Mark Olson, *Financial Secretary*
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