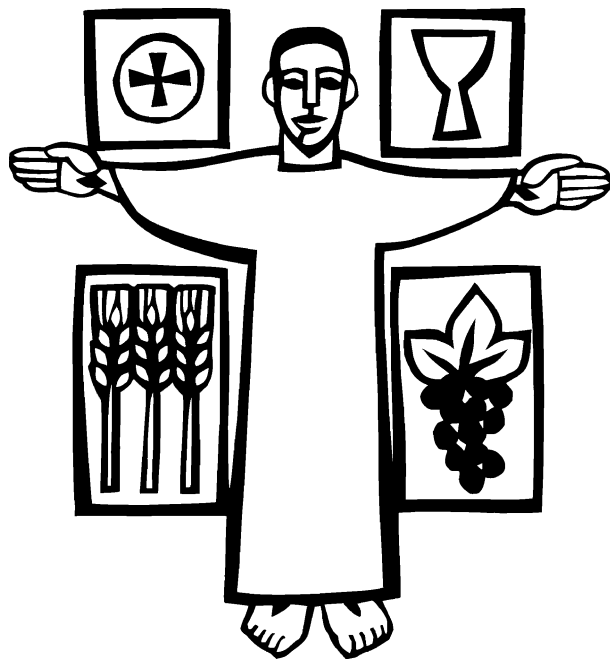


THE TWELFTH SUNDAY AFTER PENTECOST



August 11, 2024

ST. PAUL EVANGELICAL LUTHERAN CHURCH

WELCOME TO ST. PAUL EVANGELICAL LUTHERAN CHURCH

SUNDAY SERVICES

9:30am | Service with Holy Communion
in the Nave and Online

10:30am | Coffee Hour

LIVESTREAMING

Worship is streamed on the St. Paul Lutheran Arlington Facebook page. A Facebook account is not necessary to stream, however, without a Facebook account the stream works on a computer browser only and not on a phone.

WEEKLY UPDATE NEWSLETTER

Sign up for Weekly Update newsletter by going to our website at www.stpaularlington.org and clicking on SUBSCRIBE.

SERVING THE COMMUNITY TODAY ARE:

Geneva Carter and Kelli Oliver, *Altar Guild*

Kristen Anderson, *Deacon*

Dan Ries, *Usher*

*When the instruction for standing * appears, please stand as you are able and as seems comfortable.*

At the ☒, you may make the sign of the cross, which reminds us of our baptism.

*The congregational responses are printed in **bold**.*

GATHERING

PRELUDE

Musical Pastime at the Clavier, No. 1

V. Rathgeber (1682-1750)

WELCOME

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, † one God,
who forgives all our sin,
whose mercy endures forever.

Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen.

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name.

Amen.

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of † Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith.

Amen.

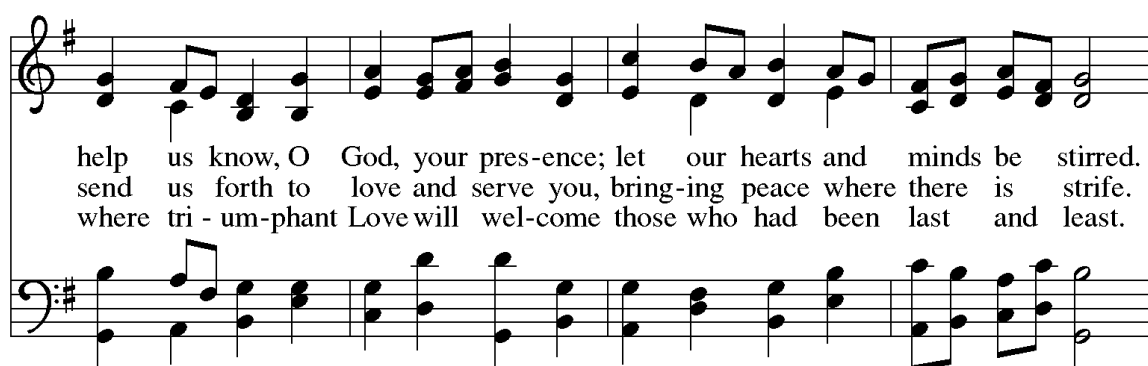
* GATHERING HYMN

"As We Gather at your Table"

ELW 522



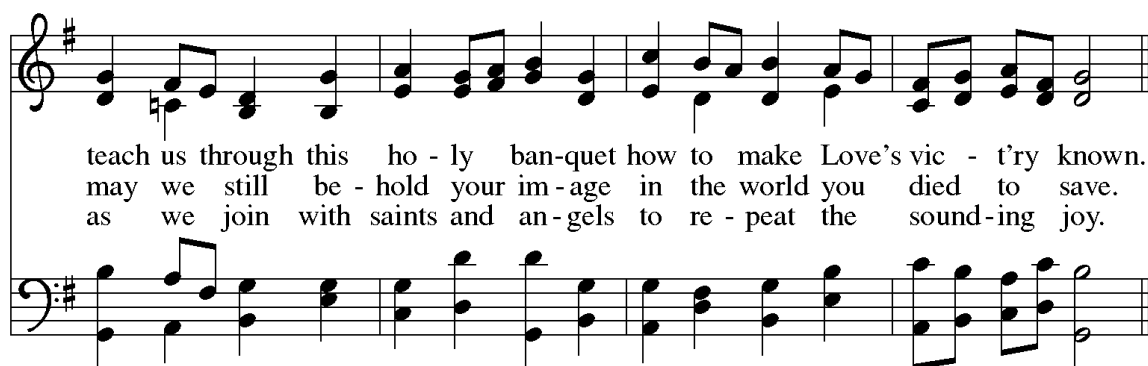
1 As we gath-er at your ta-ble, as we lis-ten to your word,
2 Turn our wor-ship in-to wit-ness in the sac-ra-ment of life;
3 Gra-cious Spir-it, help us sum-mon oth-er guests to share that feast



help us know, O God, your pres-ence; let our hearts and minds be stirred.
send us forth to love and serve you, bring-ing peace where there is strife.
where tri-um-phant Love will wel-come those who had been last and least.



Nour-ish us with sa-cred sto-ry till we claim it as our own;
Give us, Christ, your great com-pas-sion to for-give as you for-gave;
There no more will en-vy blind us nor will pride our peace de-stroy,



teach us through this ho-ly ban-quet how to make Love's vic-t'ry known.
may we still be-hold your im-age in the world you died to save.
as we join with saints and an-gels to re-peat the sound-ing joy.

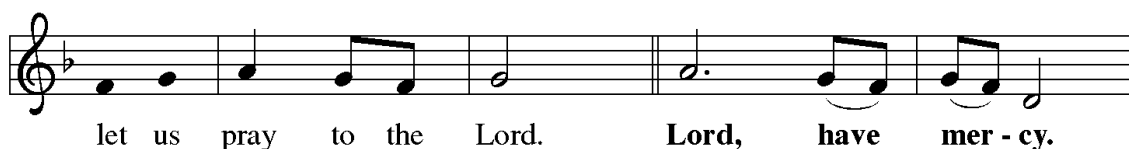
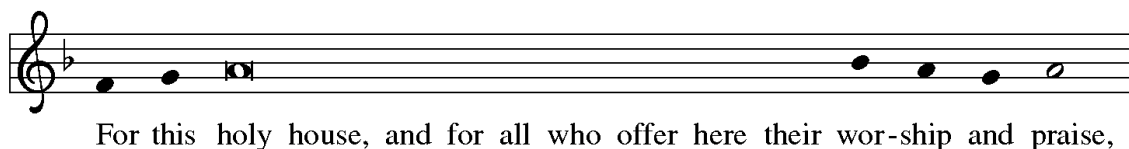
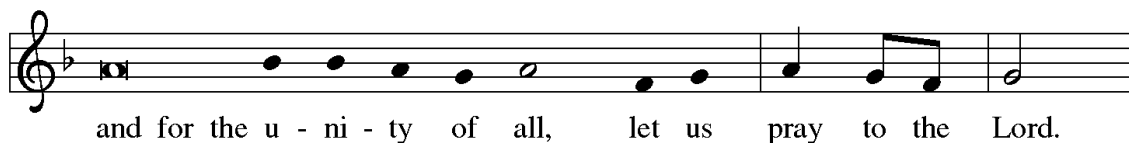
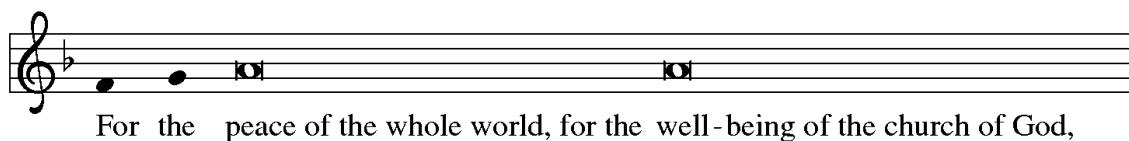
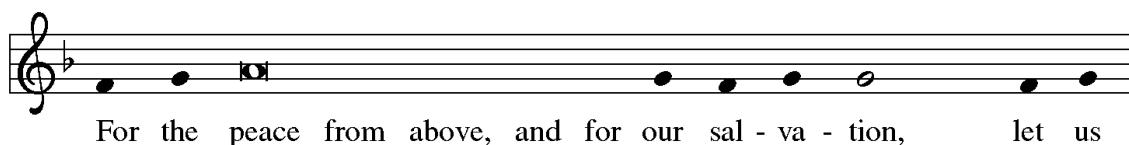
Text: Carl P. Daw Jr., b. 1944

Music: IN BABILONE, *Oude en Nieuwe Hollandse Boerenlities en Contradansen*, 1710; arr. Julius Röntgen, 1855–1932

***GREETING**

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

***KYRIE**



hymn of all cre - a - tion: Bless - ing, hon - or, glo - ry, and

might be to God and the Lamb for - ev - er. A - men.

Final refrain

This is the feast of vic - to - ry for our God,

for the Lamb who was slain has be - gun his reign.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

*** PRAYER OF THE DAY**

Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord.

Amen.

WORD

FIRST READING

1 Kings 19:4–8

First Kings chapter 18 describes the contest between Elijah and the prophets of Baal. The contest proves that the Lord is God, and afterward Elijah orders the killing of the Baal prophets. Angered by the deaths of her prophets, Queen Jezebel threatens to kill Elijah. This reading finds Elijah fleeing, fatigued, and in utter despair.

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

The Word of the Lord.

Thanks be to God.

PSALM *to be read responsibly*

Psalms 34:1–8

I will bless the Lord at all times;
the praise of God shall ever be in my mouth.

**I will glory in the Lord;
let the lowly hear and rejoice.**

Proclaim with me the greatness of the Lord;
let us exalt God's name together.

**I sought the Lord, who answered me
and delivered me from all my terrors.**

Look upon the Lord and be radiant,
and let not your faces be ashamed.

**I called in my affliction, and the Lord heard me
and saved me from all my troubles.**

The angel of the Lord encamps around those who fear the Lord
and delivers them.

**Taste and see that the Lord is good;
happy are they who take refuge in God!**

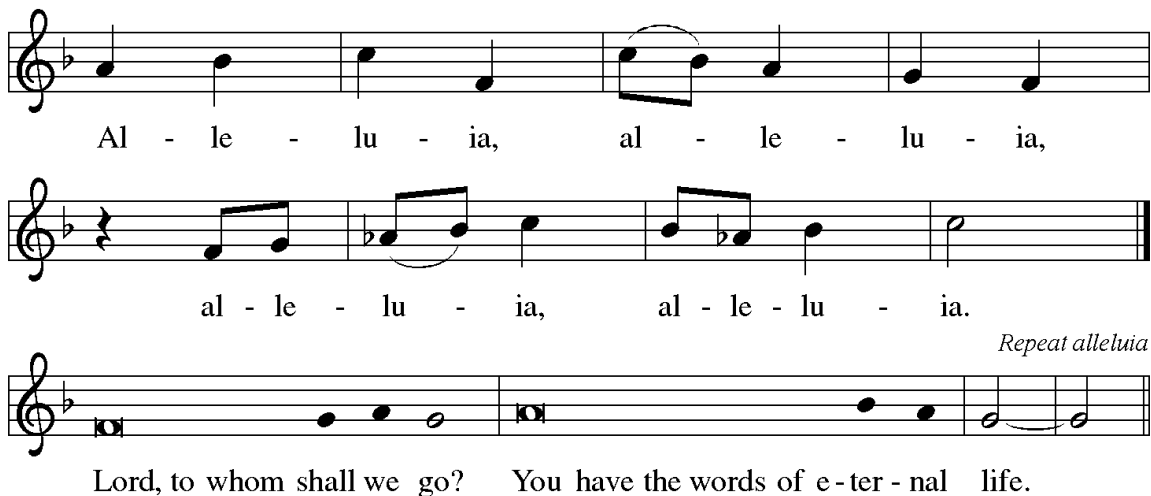
Christians are called to be imitators of God. This does not mean Christians are perfect. Rather, the Spirit is at work in our lives so that our actions and attitudes genuinely reflect the love and forgiveness we have received through Christ and his death.

So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

The word of the Lord.

Thanks be to God.

* GOSPEL ACCLAMATION



Al - le - lu - ia, al - le - lu - ia,

al - le - lu - ia, al - le - lu - ia. *Repeat alleluia*

Lord, to whom shall we go? You have the words of e - ter - nal life.

The holy gospel according to John.

Glory to you, O Lord.

Jesus said to [the crowd,] “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven’?” Jesus answered them, “Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

The gospel of the Lord.

Praise to you, O Christ.

CHILDREN’S TIME

Pastor Ross Goodman

SERMON “Plenty of Bread to Go Around”

Pastor Ross Goodman

* HYMN OF THE DAY

"Baptized in Water"

ELW 456



1 Bap-tized in wa - ter, sealed by the Spir - it, cleansed by the
 2 Bap-tized in wa - ter, sealed by the Spir - it, dead in the
 3 Bap-tized in wa - ter, sealed by the Spir - it, marked with the

blood of Christ our king: heirs of sal - va - tion, trust - ing his
 tomb with Christ our king: one with his ris - ing, freed and for -
 sign of Christ our king: born of the Spir - it, we are God's

prom - ise, faith - ful - ly now God's praise we sing.
 giv - en, thank - ful - ly now God's praise we sing.
 chil - dren; joy - ful - ly now God's praise we sing.

Text: Michael Seward, b. 1932
 Music: BUNESSAN, Gaelic tune; arr. hymnal version

APOSTLE'S CREED

In response to the gospel, let us confess the faith of the church:

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

* PRAYERS OF INTERCESSION

The leader will read the first and last prayer, those in the congregation are invited to read aloud the other prayers as they feel called.

Calling on the spirit of Wisdom to guide our hearts and our minds, let us pray for the church, the world, and all in need.

A brief silence.

Reignite the prayer of the church. By your Spirit, and remembering Clare of San Damiano, who was known for her powerful prayer, root your church around the globe in prayer and spiritual practices. Merciful God, **receive our prayer.**

We rely on the goodness of your creation in everything we do. We pray for trees that offer shade and for our fellow creatures that depend on the trees for shelter and food. Sustain the work of all who advocate for forests and wilderness areas. Merciful God, **receive our prayer.**

Guide our leaders and nations with a spirit of justice and mercy. Let no evil come out of our mouths, but rather let us extend grace. We pray for our enemies and for an end to war and conflict in Palestine, Israel, Ukraine, Russia, Sudan, and Haiti. Merciful God, **receive our prayer.**

Sustain feeding ministries and organizations such as ELCA World Hunger and our local food pantries. We work and pray for a day when hunger is no more. Merciful God, **receive our prayer.**

We pray for this congregation and for all who are gathered. Be present among anyone who cannot be with us today. Be with all who are hurting, grieving, or ill especially Clifford, Dan, Lynn, Meredith, Owen, and Susan. Merciful God, **receive our prayer.**

Here other intercessions may be offered.

We remember the saints who have gone before us in faith. Trusting in the promise of the resurrection, we find hope in your communion of saints of all times and all places. Merciful God, **receive our prayer.**

We lift up these prayers to you, gracious God. Receive them into your holy keeping.
Amen.

* PEACE

Keep your hands close together or make the peace sign if you'd rather not pass the peace with touch.

The peace of Christ be with you always.

And also with you.

MEAL

* OFFERING PRAYER

Blessed are you, **O God, maker of all things. Through your goodness you have blessed us with these gifts: our selves, our time, and our possessions. Use us, and what we have gathered, in feeding the world with your love, through the one who gave himself for us, Jesus Christ, our Savior and Lord.**

Amen.

OFFERING

You may give an offering through the Givelify app by scanning this QR code:



* GREAT THANKSGIVING

The Lord be with you.

And also with you.

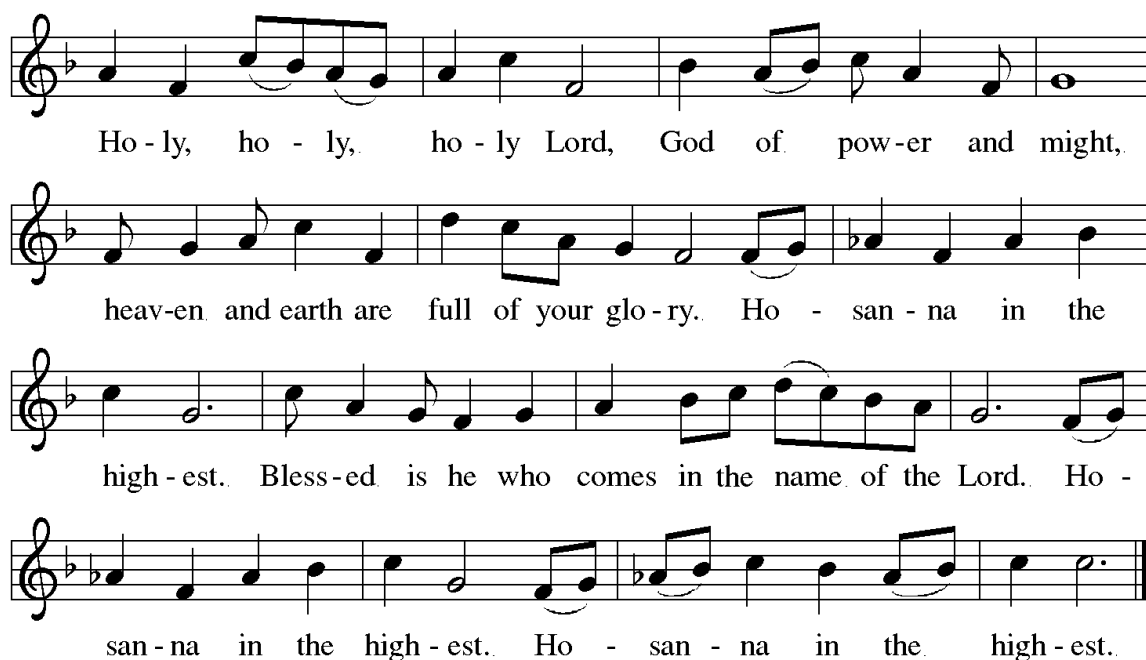
Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God,
through our Savior Jesus Christ;
who on this day overcame death and the grave,
and by his glorious resurrection opened to us the way of everlasting life.
And so, with all the choirs of angels,
with the church on earth and the hosts of heaven,
we praise your name and join their unending hymn:



In the night in which he was betrayed,
 our Lord Jesus took bread, and gave thanks;
 broke it, and gave it to his disciples, saying:
 Take and eat; this is my body, given for you.
 Do this for the remembrance of me.
 Again, after supper, he took the cup, gave thanks,
 and gave it for all to drink, saying:
 This cup is the new covenant in my blood,
 shed for you and for all people for the forgiveness of sin.
 Do this for the remembrance of me.

*** LORD'S PRAYER**

**Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread;
 and forgive us our trespasses,**

**as we forgive those
 who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 forever and ever. Amen.**

COMMUNION

All are welcome to receive the bread and the wine. Gluten free wafers are available on request. Both wine and grape juice are available in each tray; the wine is red and the grape juice is white.

Come forward in the center aisle starting at the front of the church. The pastors will motion the first people forward.

Lamb of God, you take a-way the sin of the world; have mer - cy on

us. Lamb of God, you take a - way the sin of the

world; have mer - cy on us. Lamb of God, you


take a - way the sin of the world; grant us peace.

COMMUNION HYMN

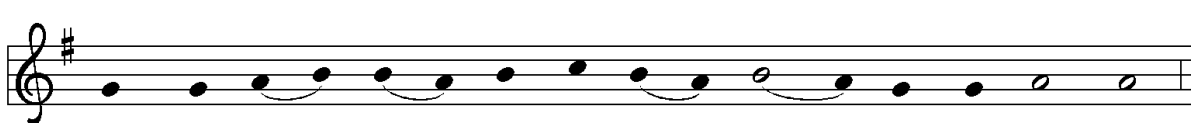
"Where True Charity and Love Abide"

ELW 653


Refrain



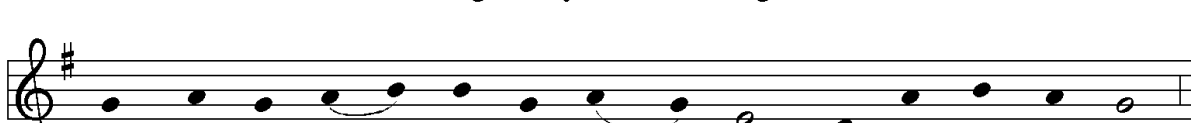
U - bi ca - ri - tas et a - mor, De - us i - bi est.
Where true char - i - ty and love a - bide, God is dwell-ing there.



1 We are gath - ered by the one love of Christ Je - sus;
2 Since we are all one in the Lord, as we gath - er,
3 All sur - round - ed by the blest saints, we shall see you




let us lift our voic - es to God and be joy - ful.
let us be watch - ful that no strife still di - vide us.
face to face in glo - ry and light, O Christ Je - sus.



In ho - ly won - der let us love the liv - ing God,
Con - ten - tion, en - vy, ill will, spite— may these all cease;
With ho - ly joy far be - yond thought we shall be full,

Refrain



and may our hearts ev - er be one in faith - ful love.
with us, a - bid - ing in our midst, is Christ our God.
from age to age, world with-out end, for - ev - er - more.

Text: Latin, 9th cent.; tr. composite
Music: UBI CARITAS, plainsong mode VI

* TABLE BLESSING

The body and blood of our Lord and Savior Jesus Christ strengthen you and keep you in his grace.

Amen.

* PRAYER AFTER COMMUNION

God of abundance, with this bread of life and cup of salvation you have united us with Christ, making us one with all your people. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Jesus Christ, our Lord.

Amen.

SENDING

* BLESSING

The Lord bless you and keep you.

The Lord's face shine on you with grace and mercy.

The Lord look upon you with favor and ✠ give you peace.

Amen.

ANNOUNCEMENTS

"Go My Children, with My Blessing"

ELW 543

1 "Go, my chil - dren, with my bless-ing, nev - er a - lone.
 2 "Go, my chil - dren, sins for - giv - en, at peace and pure.
 3 "Go, my chil - dren, fed and nour-ished, clos - er to me.

Wak - ing, sleep - ing, I am with you, you are my own.
 Here you learned how much I love you, what I can cure.
 Grow in love and love by serv - ing, joy - ful and free.

In my love's bap-tis - mal riv - er I have made you mine for-ev - er.
 Here you heard my dear Son's sto - ry, here you touched him, saw his glo - ry.
 Here my Spir - it's pow - er filled you, here my ten - der com-fort stilled you.

Go, my chil - dren, with my bless - ing, you are my own.
 Go, my chil - dren, sins for - giv - en, at peace and pure.
 Go, my chil - dren, fed and nour-ished, joy - ful and free.

Text: Jaroslav J. Vajda, b. 1919, alt.

Music: AR HYD Y NOS, Welsh traditional; arr. Ralph Vaughan Williams, 1872–1958

* DISMISSAL

Go in peace. Serve the Lord.

Thanks be to God.

POSTLUDE

Musical Pastime at the Clavier, No. 2

V. Rathgeber (1682-1750)

ANNOUNCEMENTS *and* UPCOMING HAPPENINGS

at **SAINT PAUL**



ARLINGTON EATS NEEDS FOR AUGUST

For the month of August items that would help the most are:

- Canola oil
- Black olives
- Pasta sauce
- Laundry detergent sheets (easy for guests to carry home!)

SAINT PAUL LUTHERAN CHURCH SCHOO SUPPLY DRIVE

The Social Ministry Committee invites the congregation to participate in a 8-week effort to support the academic success of local children impacted by housing insecurity and poverty. Many families do not have the means to obtain the supplies needed at the beginning of the school year. As you gather school supplies for your own children, or if that stage is in your past and you miss the potential of those new items, please help us gather basic school supplies over the coming weeks. Our collection of basic school supplies will be delivered to 2 locations, one at the end of August, and one at the end of September: Menotomy Manor, Arlington's state-subsidized housing for low-income families with children under the age of 21. These children generally attend the Thompson School. Delivery on August 26 for same day distribution through their food pantry and the beginning of the school year and Arlington Public Schools for children experiencing housing challenges during the year, or who enter they school system mid-year. Delivery at the end of September 27.

SUPPLIES NEEDED

- | | |
|---|----------------------------------|
| • Pencils (#2 Ticonderoga - standard yellow wood) | • Large Erasers |
| • Pens - Blue or Black ink | • Highlighters |
| • Crayons - Crayola box of 24 | • Glue Sticks |
| • Pencil sharpeners (with covers) | • Pocket Folders |
| • Markers - broad tip 8 pack | • Single subject notebooks |
| | • Marble Notebooks |
| | • Pencil box or zippered pouches |



SAINT PAUL

EVANGELICAL LUTHERAN CHURCH

ARLINGTON, MASSACHUSETTS

929 Concord Turnpike
Arlington, Massachusetts 02476
www.stpaularlington.org | 781-646-7773

Staff

The Reverend Ross Goodman, *Pastor*
The Reverend Liz Senft, *Pastoral Associate*
Samantha Menapace, *Vicar*
Ana Zecic Jeffers, *Director of Music*
Paul Ricci, *Business Administrator*
Sarah Carter, *Children, Youth and Families Director*
Jennifer White, *Parish Administrator*
Dennis O'Brien, *Church Property Manager*

Church Council and Officers

Elizabeth Heichler, *President*
Monique Airasian, *Vice-President*
Eric Haugen, *Treasurer*
Kerri Frick, *Secretary*
Norma Ofsthun, *Financial Secretary*
Mark Olson, *Financial Secretary*
Kristen Anderson
Eric Carlson
Peter Hedlund
Kevin Kreutter
Bob Sniffen
Sandy Walker
Taryn Walsh



Evangelical
Lutheran Church
in America



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