

# THE FIFTH SUNDAY AFTER EPIPHANY

8:15 a.m. and 10:30 a.m.



February 8, 2026

ST. PAUL LUTHERAN CHURCH

# Welcome to ST. PAUL LUTHERAN CHURCH

We are happy you have joined us for worship today. Wherever you are on your journey with or toward God, you are welcome here—you are a blessing to this assembly. We welcome all who are seeking God's love and grace. We welcome all because God welcomes all, regardless of race or culture, sexual orientation, gender identity, gender expression, or relationship status.

We welcome all without regard to addictions, physical or mental health, imprisonment, socio-economic circumstances, or anything that too often divides us. Our unity is in Christ.

Lutherans believe, teach, and confess that in, with, and under the bread and wine in Holy Communion we receive the true Body and Blood of our Lord and Savior, Jesus Christ, for the forgiveness of sin, life, and salvation. All who are drawn in faith are welcome to join in this confession and receive the Sacrament.

We invite and encourage your full participation in our worship this morning. With this service bulletin you can follow and participate in this morning's liturgy.

**New to St. Paul?** If you have questions or want more information, please fill out a newcomer form with the QR code at the right. Questions about transferring membership from another Lutheran church, or for beginning the process for baptism, confirmation, membership, or transferring from one of the other Christian traditions, may be directed to the Church Office at 781-646-7773 or [parishadmin@stpaularlington.org](mailto:parishadmin@stpaularlington.org).



## SUNDAY SERVICE

8:15am | Holy Communion

9:15am | Choir Practice

9:30am | Education Hour with Sunday School, Adult Forum, Confirmation

10:30am | Holy Communion & livestreamed

11:30am | Coffee Hour in Goodman Fellowship Hall

## LIVESTREAMING

Worship is streamed on the St. Paul Lutheran Arlington Facebook page. A Facebook account is not necessary to stream, however, without a Facebook account the stream works on a computer browser only and not on a phone.

## SERVING THE COMMUNITY TODAY:

Kelli Oliver, Taryn Walsh & Kim Fechtel, *Altar Guild*

Emily H. and Matthew H., *Acolytes*

Taryn Walsh, *Lector*

Kat Allen, *Cantor*

Taryn Walsh, *Deacon*

Andy Airasian and Dan Ries, *Ushers*

Hollie Schmidt & Mat Carter, *Livestream Broadcast Team*

Peter & Hollie Schmidt & Lisa Chiulli Lay, *Coffee Guild*



Today's altar flowers are given by Kim Fechtel, in memory of Jewel Reagan Fechtel, beloved Mother and Grandmother.

Today's cover art, entitled *Lumen Christi*, is a 2010 photograph taken by Eustaquio Santimano. Used by permission, <http://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=58800>.

*When the instruction for standing \* appears, please stand as you are able and as seems comfortable.*

*At the ✠, you may make the sign of the cross, which reminds us of our baptism.*

*The congregational responses are printed in **bold**.*

## GATHERING

### PRELUDE

Come, Thou Font of Every Blessing

John Wyeth (1770-1858), arranged by Lee Burswold

*Joan Ellersick, viola*

### WELCOME

#### \* CONFESSION AND FORGIVENESS

*The assembly stands. All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.*

Blessed be the holy Trinity, ✠ one God, the Creator of heaven and earth, the Word who spoke life into being, the Wind stirring the waters. **Amen.**

Let us turn in confession to the one who knows us completely.

*Silence is kept for reflection.*

Mighty God, lover of justice, **you call us to life in community, but we have served our own interests at the expense of our neighbors. We have sown deceit where honesty was needed. We say the right words, but our hearts are far from you. Turn us to seek your face. Knit us together and give us the mind of Christ, that we may do justice, love mercy, and walk humbly with you, our God. Amen.**

The former things have passed away, and new things God now declares: Like a spring of water that never fails, God covers you in the righteousness of Christ, and forgives your sin in ✠ Jesus' name. May the Spirit give you strength to live for others, and bless you with the gift of peace. **Amen.**

\* GATHERING HYMN

Thy Strong Word (verses 1-3)

ELW 511



1 Thy strong word did cleave the dark - ness; at thy  
 2 Lo, on those who dwelt in dark - ness, dark as  
 3 Thy strong Word be - speaks us righ - teous; bright with  
 4 From the cross thy wis - dom shin - ing break - eth



speak - ing it was done. For cre - at - ed light we  
 night and deep as death, broke the light of thy sal -  
 thine own ho - li - ness, glo - rious now, we press toward  
 forth in con - qu'ring might; from the cross for - ev - er



thank thee, while thine or - dered sea - sons run.  
 va - tion, breathed thine own life - breath - ing breath.  
 glo - ry, and our lives our hopes con - fess.  
 beam - eth all thy bright re - deem - ing light.



Al - le - lu - ia! Al - le - lu - ia! Praise to thee who light dost send!



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia with - out end!

5 Give us lips to sing thy glory,  
 tongues thy mercy to proclaim,  
 throats that shout the hope that fills us,  
 mouths to speak thy holy name.  
 Alleluia! Alleluia!  
 May the light which thou dost send  
 fill our songs with alleluias,  
 alleluias without end!

6 God the Father, light-creator,  
 to thee laud and honor be.  
 To thee, Light of Light begotten,  
 praise be sung eternally.  
 Holy Spirit, light-revealer,  
 glory, glory be to thee.  
 Mortals, angels, now and ever  
 praise the holy Trinity!

\* GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

\* HYMN OF PRAISE (10:30 only)

Thy Strong Word (verses 4-6) - see page 4

\* PRAYER OF THE DAY

Lord God, with endless mercy you receive the prayers of all who call upon you. By your Spirit show us the things we ought to do, and give us the grace and power to do them, through Jesus Christ, our Savior and Lord.

**Amen.**

## WORD

FIRST READING

Isaiah 58:1-9a [9b-12]

A reading from the prophet Isaiah.

Shout out; do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,  
to the house of Jacob their sins.

Yet day after day they seek me

and delight to know my ways,

as if they were a nation that practiced righteousness

and did not forsake the ordinance of their God;

they ask of me righteous judgments;

they want God on their side.

“Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?”

Look, you serve your own interest on your fast day

and oppress all your workers.

You fast only to quarrel and to fight

and to strike with a wicked fist.

Such fasting as you do today

will not make your voice heard on high.

Is such the fast that I choose,

a day to humble oneself?

Is it to bow down the head like a bulrush

and to lie in sackcloth and ashes?

Will you call this a fast,

a day acceptable to the Lord?

Is not this the fast that I choose:

to loose the bonds of injustice,

to undo the straps of the yoke,

to let the oppressed go free,

and to break every yoke?

*continued*

Is it not to share your bread with the hungry  
and bring the homeless poor into your house;  
when you see the naked, to cover them  
and not to hide yourself from your own kin?  
Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you;  
the glory of the Lord shall be your rear guard.  
Then you shall call, and the Lord will answer;  
you shall cry for help, and he will say, "Here I am."

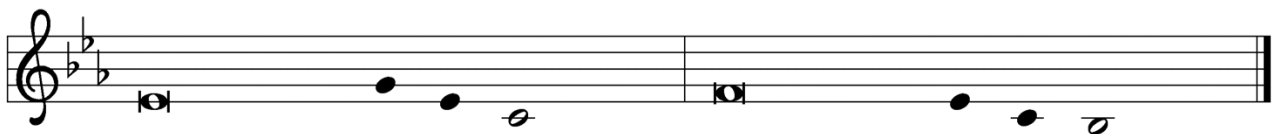
If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,  
if you offer your food to the hungry  
and satisfy the needs of the afflicted,  
then your light shall rise in the darkness  
and your gloom be like the noonday.  
The Lord will guide you continually  
and satisfy your needs in parched places  
and make your bones strong,  
and you shall be like a watered garden,  
like a spring of water  
whose waters never fail.  
Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.

The Word of the Lord.

**Thanks be to God.**

PSALM (*sung at 10:30*)

Psalm 112:1-9 [10]



Hallelujah! Happy are they who <sup>1</sup> fear the Lord  
and have great delight in <sup>1</sup> God's commandments!  
**Their descendants will be mighty <sup>1</sup> in the land;**  
**the generation of the upright <sup>1</sup> will be blessed.**  
Wealth and riches will be <sup>1</sup> in their house,  
and their righteousness will <sup>1</sup> last forever.  
**Light shines in the darkness <sup>1</sup> for the upright;**  
**the righteous are merciful and full <sup>1</sup> of compassion.**

It is good for them to be gener-<sup>1</sup>ous in lending  
and to manage their af-<sup>1</sup>fairs with justice.

**For they will nev-<sup>1</sup>er be shaken;**

**the righteous will be kept in everlast-<sup>1</sup>ing remembrance.**

They will not be afraid of any<sup>1</sup> evil rumors;  
their heart is steadfast, trusting<sup>1</sup> in the Lord.

**Their heart is established and<sup>1</sup> will not shrink,  
until they see their desire up-<sup>1</sup>on their enemies.**

They have given freely to the poor, and their righteousness stands<sup>1</sup> fast forever;  
they will hold up their<sup>1</sup> head with honor.

**The wicked will see it and be angry; they will gnash their teeth and<sup>1</sup> pine away;  
the desires of the wick-<sup>1</sup>ed will perish.**

SECOND READING (10:30 only)

1 Corinthians 2:1-16

A reading from Paul's first letter to the Corinthians.

When I came to you, brothers and sisters, I did not come proclaiming the testimony of God to you with superior speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were made not with persuasive words of wisdom but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are being destroyed. But we speak God's wisdom, a hidden mystery, which God decreed before the ages for our glory and which none of the rulers of this age understood, for if they had, they would not have crucified the Lord of glory. But, as it is written,

"What no eye has seen, nor ear heard,  
nor the human heart conceived,

what God has prepared for those who love him" —

God has revealed to us through the Spirit, for the Spirit searches everything, even the depths of God. For what human knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

"For who has known the mind of the Lord  
so as to instruct him?"

But we have the mind of Christ.

The Word of the Lord.

**Thanks be to God.**

\* GOSPEL ACCLAMATION

Al - le - lu - ia, al - le - lu - ia,

al - le - lu - ia, al - le - lu - ia.

*Repeat alleluia*

Lord, to whom shall we go? You have the words of e - ter - nal life.

\* GOSPEL

5:13-20

[Jesus said:] "You are the salt of the earth, but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the Law or the Prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord.

**Praise to you, O Christ.**

CHILDREN'S MESSAGE AND SERMON

Pastor Don Larsen



\* HYMN OF THE DAY

Christ, Be Our Light

ELW 715



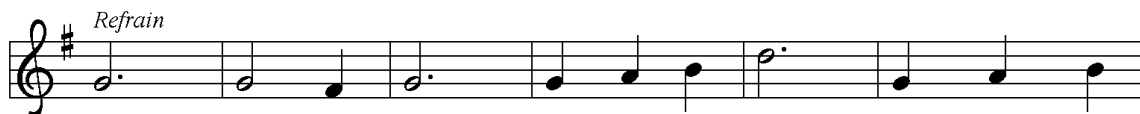
1 Long - ing for light, we wait in dark - ness. Long - ing for  
 2 Long - ing for peace, our world is trou - bled. Long - ing for  
 3 Long - ing for food, man - y are hun - gry. Long - ing for  
 4 Long - ing for shel - ter, man - y are home - less. Long - ing for  
 5 Man - y the gifts, man - y the peo - ple, man - y the



truth, we turn to you. Make us your own,  
 hope, man - y de - spair. Your word a - lone  
 wa - ter, man - y still thirst. Make us your bread,  
 warmth, man - y are cold. Make us your build - ing,  
 hearts that yearn to be - long. Let us be ser - vants



your ho - ly peo - ple, light for the world to see.  
 has pow'r to save us. Make us your liv - ing voice.  
 bro - ken for oth - ers, shared un - til all are fed.  
 shel - ter - ing oth - ers, walls made of liv - ing stone.  
 to one an - oth - er, signs of your king - dom come.



*Refrain*  
 Christ, be our light! Shine in our hearts. Shine through the



dark - ness. Christ, be our light! Shine in your



church gath - ered to - day.

Text: Bernadette Farrell, b. 1957

Music: CHRIST, BE OUR LIGHT, Bernadette Farrell

## \*APOSTLE'S CREED

In trust and hope, let us confess the faith of the church:

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## \* PRAYERS OF INTERCESSION

*The leader will read the first and last prayer, those in the congregation are invited to read aloud the other prayers as they feel called.*

As God's beloved children united in Christ, let us pray for the church, the whole human community, and the well-being of the earth, our home.

*A brief silence.*

Your church does ministry in many and various ways. Keep the baptized true to the mind of Christ, that our works and witness bring hope to a troubled world. Merciful God, **receive our prayer.**

Your marvelous creation cries out to you. Restore polluted air, soil, and water sources to wholeness. Guard honeybees, elephants, great whales and songbirds from harm, and renew the face of the earth. Merciful God, **receive our prayer.**

Your people in every nation suffer injustice, poverty, and the threat of violence. Guide those in authority to govern with compassion, and bring peace to war zones. We pray for our enemies. Merciful God, **receive our prayer.**

Your blessings are poured out for all in need. Help and heal any who experience trauma, discrimination, disease, hunger, abuse, or persecution. Comfort those who are sick or grieving, especially Bobby, Dan, Diane, George, Jim, Lynn, Meredith, Naomi, Paul, Roberta, and Susan. Merciful God, **receive our prayer.**

Your wisdom guides this congregation and its ministries. Sustain our ordained leaders, staff, lay leaders, and volunteers. Form us to be salt and light for the neighbors we serve, following the example of Christ. **Merciful God, receive our prayer.**

*Here other intercessions may be offered.*

Your saints rejoice at your heavenly banquet. We give thanks for their lives of faith, trusting that we also will be embraced by your eternal love. Merciful God, **receive our prayer.**

Confident that the Holy Spirit receives our prayers and answers us, we commend all for whom we pray to God's loving-kindness made known to us in Christ Jesus our Savior. **Amen.**

**\*PEACE**

*Keep your hands close together or make the peace sign if you'd rather not pass the peace with touch.*

The peace of Christ be with you always.

**And also with you.**

**ANTHEM**

O Living Breath of God

Osvaldo Catena (1920-1986), text, Gerhard M. Cartford, translation  
Swedish folk tune, arr. John Helgen

O living Breath of God,  
wind at the beginning upon the waters;  
O living Breath of God,  
bearing the creation to wondrous birth:

Refrain:

Come now, and fill our spirits;  
pour out your gifts abundant,  
O living Breath of God,  
Holy Spirit, breathe in us as we pray.

O living Breath of God,  
by whose power the Son came to birth among  
us;  
O living Breath of God,  
who to the creation gives life anew: (refrain)

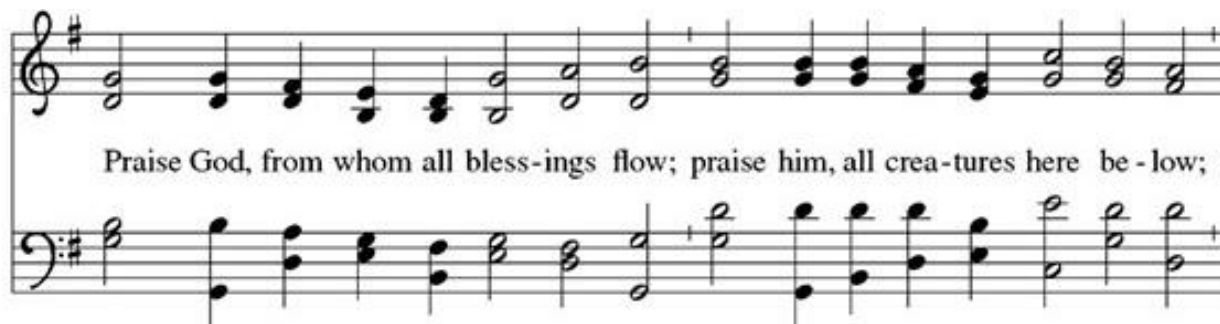
O living Breath of God,  
bearing us to life through baptismal waters;  
O living Breath of God,  
sighing with creation for freedom's birth:  
(refrain).

## MEAL

**\*OFFERING SONG**

Praise God, from Whom All Blessing Flow

ELW 884





## OFFERING

*You may give an offering through the Givelify app by scanning this QR code.*

*You may also make an offering by placing a gift in the offering plate, which is in the narthex.*



## \* OFFERING PRAYER

God of majesty, no eye has seen, no ear has heard what you have prepared for those who love you, yet in this meal you reveal the wideness of your mercy. Use what we have gathered to feed us with the reign of God come near, Jesus Christ, our Savior and Lord. **Amen.**

## \* GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

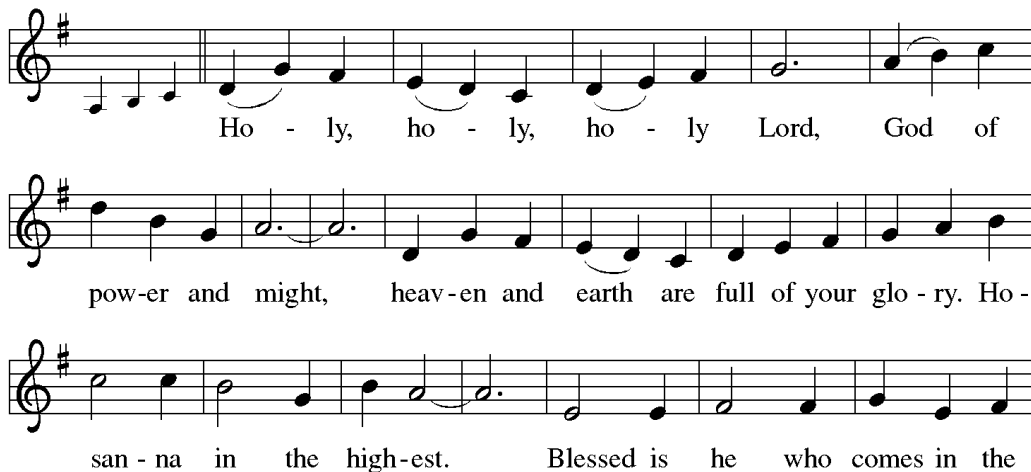
Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ, who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of eternal life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:





Holy, mighty, and merciful Lord, heaven and earth are full of your glory. In great love you sent to us Jesus, your Son, who reached out to heal the sick and suffering, who preached good news to the poor, and who, on the cross, opened his arms to all.

In the night in which he was betrayed our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering, therefore, his death, resurrection, and ascension, we await his coming in glory as we celebrate the mystery of faith  
**Christ has died. Christ is risen. Christ will come again.**

Pour out upon us the Spirit of your love, O Lord, and unite the wills of all who share this heavenly food, the body and blood of Jesus Christ, our Lord; to whom, with you and the Holy Spirit, be all honor and glory, now and forever. **Amen.**

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

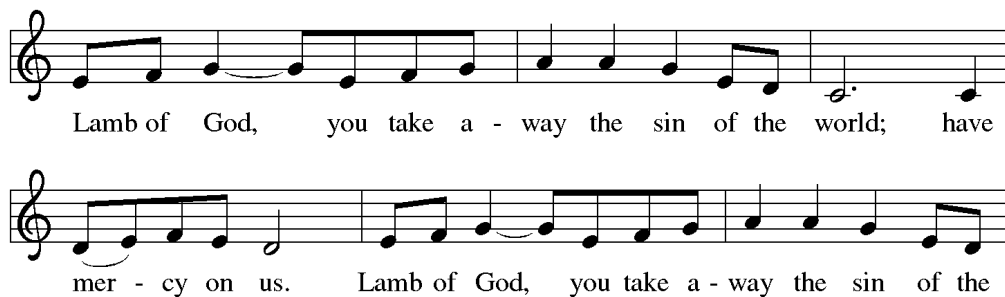
**Our Father, who art in heaven,  
 hallowed be thy name,  
 thy kingdom come,  
 thy will be done,  
 on earth as it is in heaven.  
 Give us this day our daily bread;  
 and forgive us our trespasses,**

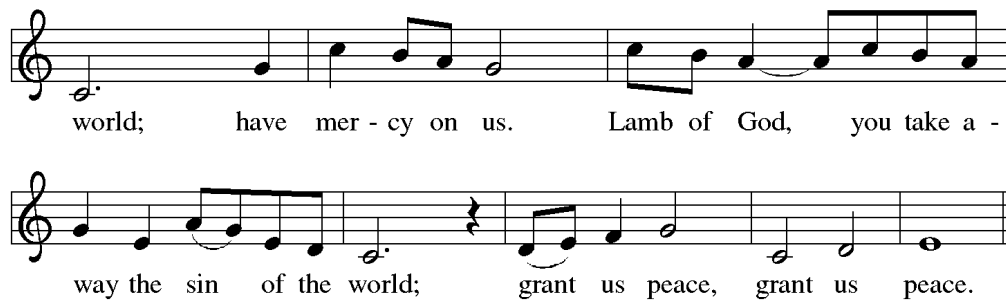
**as we forgive those  
 who trespass against us;  
 and lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom,  
 and the power, and the glory,  
 forever and ever. Amen.**

## COMMUNION

*All are welcome to receive the bread and the wine. Gluten free wafers are available on request. Both wine and grape juice are available in each tray; the wine is red and the grape juice is white.*

*Come forward in the center aisle starting at the front of the church. The pastors will motion the first people forward.*





# COMMUNION HYMN (10:30 only)

## Make Me a Channel of Your Peace

W&P 95

1 Make me a chan - nel of your peace.  
2 Make me a chan - nel of your peace.  
4 Make me a chan - nel of your peace.

Where there is ha - tred, let me bring your love;  
Where there's de - spair in life, let me bring hope;  
It is in par - don - ing that we are par - doned,  
*Last time to coda* 1

where there is in - ju - ry, your par - don, Lord;  
where there is dark - ness, . . . . . on - ly light;  
in giv - ing of our - selves that we re

2

and where there's doubt, true faith in you.  
and where there's sad - ness, ev - er joy.

3 O Mas - ter, grant that I may nev - er seek so

much to be con - soled as to con - sole, to be

un - der - stood as to un - der - stand, to be

*D.C. (stanza 4) al coda*

loved as to love with all my soul.

*Coda*

ceive, and in dy - ing that we're born to e - ter - nal life.

Text: Sebastian Temple  
 Music: PRAYER OF ST. FRANCIS, Sebastian Temple

### \*TABLE BLESSING

The body and blood of our Lord and Savior Jesus Christ strengthen you and keep you in his grace. **Amen.**

### \*PRAYER AFTER COMMUNION

Radiant God, we have seen your glory in the face of Jesus Christ. In the sacrament of his body and blood you have drawn us to your heart. Send us from this table with delight, that our lives may reflect the beauty of your love, and bear witness to all we have seen and heard, through Jesus Christ, our Savior and Lord. **Amen.**

## SENDING

### \*BENEDICTION

May the triune God, who has put a new song in your mouth and tuned your heart for praise  
 ✠ bless you now and forever. **Amen.**

### ANNOUNCEMENTS

\* SENDING HYMN

We Are Marching in the Light

ELW 866



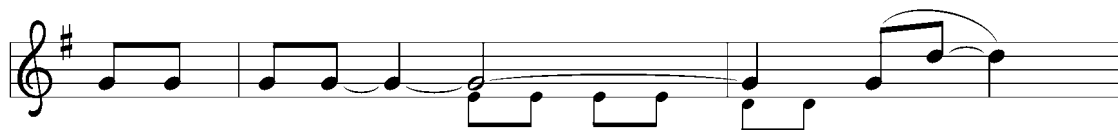
Si - ya - hamb' e - ku - kha - nyen' kwen - khos', si - ya - hamb' e - ku - kha -  
We are march - ing in the light of God, we are march - ing in the



nyen' kwen - khos'. Si - ya - hamb' e - ku - kha - nyen' kwen - khos',  
light of God. We are march - ing in the light of God,



si - ya - hamb' e - ku - kha - nyen' kwen - khos'.  
we are march - ing in the light of God.



Si - ya - ham - ba (ham - ba, si - ya - ham - ba) oo  
We are march - ing (march - ing, we are march - ing) oo



si - ya - hamb' e - ku - kha - nyen' kwen - khos'.  
we are march - ing in the light of God.



Si - ya - ham - ba (ham - ba, si - ya - ham - ba) oo  
We are march - ing (march - ing, we are march - ing) oo



si - ya - hamb' e - ku - kha - nyen' kwen - khos'.  
we are march - ing in the light of God.

*Additional stanzas ad lib.:*

We are dancing ...

We are praying ...

We are singing ...

Text: South African traditional; tr. Freedom Is Coming, 1984  
Music: SIYAHAMBA, South African traditional



DISMISSAL

Go in peace. Do justice. Love mercy.

**Thanks be to God.**

POSTLUDE

Simple Gifts

Shaker Song arranged by Lee Burswold

*Joan Ellersick, viola*

--- ANNOUNCEMENTS *and* UPCOMING HAPPENINGS

*at* **SAINT PAUL** ---

**ADULT FORUM ON FEBRUARY 8<sup>TH</sup> | Discuss the St. Paul Ministry Site Profile**

Calling a new pastor requires creating a document, the Ministry Site Profile, that explains who we are, what our mission is, and what we hope for in a new pastor. There is now a draft ready for the congregation to review. At the Adult Forum on February 8 at 9:30 am in the fellowship hall, members of the writing team (Piercen Oliver and John Christianson) will be present to lead discussion of what the document says about St. Paul, our aspirations and challenges. The draft is attached to the weekly email, and printed copies will be available on Sunday (please arrive 10 minutes early to read if you haven't read yet).

***DIMANCHE GRAS (Fat Sunday) Breakfast | February 15***

All are welcome for a pre-Lent breakfast between the services on February 15 in Goodman Fellowship Hall. Yes, there will be pancakes! Bring something tasty to share, wear some *mardi gras* beads, and enjoy the opportunity to connect with your siblings in Christ.

**THEOLOGY ON TAP IN FEBRUARY | February 15<sup>th</sup> at 4PM**

Pancakes for breakfast and a good beer, with or without alcohol, in the afternoon. We get together at *Mighty Squirrel Brewing Company* (411 Waverley Oaks Road in Waltham) at 4:00PM around a question once posed to Jesus: who is my neighbor? What is the interplay in our lives between reflection on such a question and living into the question with action? Come and share good conversation.

**ASH WEDNESDAY | February 18 at 7PM**

Lent begins with a solemn call to prayer, fasting and repentance as we begin the journey through ashes to Easter. The spare, powerful liturgy of Ash Wednesday begins at 7:00PM. Make space in your life to receive both a sign of your mortality and a foretaste of the feast to come.

**HOLDEN EVENING PRAYER AND SOUP SUPPERS | Wednesdays in Lent**

Beginning on February 25, we gather for midweek Lenten prayer on five successive Wednesdays. At 6PM, we share a simple meal of soup and conversation. At 7PM, we sing Holden Evening Prayer in the sanctuary.

## **ARLINGTON EATS | February needs**

The first school vacation lunch distribution of the year will occur in February so many of our February requests will support that program. Anything that comes in after this distribution can be used for April school vacation. February Spotlight Items:

- Granola bars (especially MadeGood, Kind Bars)
- Snack packs (especially Goldfish, Pirate's Booty)
- Boxed mac n cheese (Kraft, Goodles)
- Baked beans
- Coconut milk
- Soy sauce
- Dish soap
- Baby wipes

## **ST. PAUL BIBLE STUDY | Thursday Evenings, 7-8pm by Zoom**

All are invited to join our bible study! We will gather on Thursday evenings on Zoom from 7-8pm. Each week, we will study the upcoming Sunday's lectionary texts, which are the bible readings we hear in worship. To access the readings and Zoom link, please see St. Paul's Weekly Update email. If you are not a subscriber, you can sign up on our website or email Pastor Larsen for the Bible Study Zoom link <stpaularlington.interim.pastor@gmail.com>.

## **SPRING POTLUCK EVENTS**

The Community meals that we have been sharing have been really lovely, and we want to make sure that everyone can mark their calendars for our upcoming times.

<b>February 15:</b>	9:30am	"Fat Sunday" Breakfast. Bring a dish to share as we celebrate before our Ash Wednesday.
<b>March 7:</b>	5:00-6:00	Musical Performance
	6:00	Community Potluck dinner in Fellowship Hall
<b>April 11:</b>	6:00	Community Potluck
<b>May 2:</b>	6:00	Community Potluck

## **THE COMING WEEK and BEYOND AT ST. PAUL**

Sunday, February 8	8:15am & 10:30am	Service of Holy Communion
	9:15am	Choir rehearsal
	9:30am	All educational ministries
Monday, February 9	7:30pm	Church Council Meeting
Sunday, February 15	Fat Sunday breakfast between the services.	



## Lamplight Women's Literacy

Women's Literacy, [www.lamplightliteracy.org](http://www.lamplightliteracy.org), is a faith-based, Arlington, nonprofit that provides adult education and workforce development programs to low-income, immigrant adults. Our mission is to partner with individuals of limited incomes, encouraging them to envision ambitious futures, and responding with tailored educational programs that support their goals.

Lamplight students come from over 19 different countries and work primarily in childcare, cleaning, construction, patient care, and delivery job sectors. All programs are offered free of charge.

How we help:

- English as a Second Language (ESOL) program offering three levels of English instruction, four evenings a week, at Arlington Housing Authority and Arlington EATS
- Healthcare Careers Pathways program preparing CNAs and entry level healthcare workers for success on the TEAS nursing school entrance exam in English and math
- Individualized resume writing, interview prep, job search support, and college advising
- Community resource connections

St. Paul connections: Lamplight Women's Literacy was founded in 2020 by St. Paul member Lisa Chiulli Lay. Additionally, St. Paul member Tom Berryman, is a valued Lamplight volunteer assisting in the ESOL program. Feel free to ask either of them about the work.

Despite challenging times, Lamplight students model what it means to stay hopeful. They remain patient with the future, flexible in their thinking, and diligent to make the most of whatever opportunity today holds. We invite you to be hopeful, too, and partner with us in the following ways.

How you can help:

- Pray- Lamplight was created to share Jesus' love for people by working for their good in practical ways as our faith calls us to do. We depend on the Holy Spirit to guide and enable this work.
- Donate- Lamplight runs on a small budget (31K in FY25) relative to the size of its operations. Consequently, all donations have an outsized impact on increasing organizational capacity.
- Volunteer- Lamplight needs skilled volunteers to support all aspects of its operations. Please complete a volunteer interest form on our website to start that conversation.
- Join us- Saturday, March 7th, at 5pm here at St. Paul's for a free benefit concert, Music with Friends, organized by St. Paul member and Lamplight volunteer, Tom Berryman and his wife Joan Ellersick.



# SAINT PAUL

## LUTHERAN CHURCH

ARLINGTON, MASSACHUSETTS

[www.stpaularlington.org](http://www.stpaularlington.org) | 781-646-7773

### Staff

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Dennis O'Brien, *Church Property Manager*

### Church Council and Officers

Kerri Frick, *President*

Sandy Walker, *Vice President*

Eric Haugen, *Treasurer*

Elizabeth Heichler, *Secretary*

Mark Olson, *Financial Secretary*

Kristen Anderson

Eric Carlson

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Faith Formation Committee

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